

TERM 3 – 2019 – ABSOLUTE AERIALS + ABSOLUTE LATINA DANCE – October 7th – December 14th

| TIME | THURSDAY | | | FRIDAY | | | SATURDAY | | |
|---------|--|---|---|---|------|-------|--|--|--|
| | BIG TOP | MEZZ | DANCE | BIG TOP | MEZZ | DANCE | BIG TOP | MEZZ | DANCE |
| 8:15am | | | | | | | | | 8:15-9:15am Adult Ballet |
| 8:45am | | | | | | | 8:45-9:45am Tween/ Teen Aerial Variety Intermediate 1 | | |
| 9:15am | | | | | | | | | 9:15-10am Little Dancers Ages 3-5 years |
| 9:45am | | | | | | | 9:45-10:45am Tween/ Teen Aerial Variety Intro / Beg 1 | | |
| 10am | | | | 10-11am Aerial Variety All levels | | | | | 10-11am Ballet Introduction Ages 5-7 years |
| 10:45am | | | | | | | | OPEN TRAINING 10:45-12noon \$10 Booking + pre payment essential limited spots (silk, hammock, lyra, trapeze) | |
| 11am | | | | | | | 11-12noon Junior Aerial Variety All levels | | 11-12noon Ballet Beginner Ages 8-10 years |
| 12noon | | | | | | | 12-1pm Teen Aerial Variety Intro/ Beg 1 | | |
| | | | | | | | | | |
| 3:45pm | 3:45-4:45pm Tween/ Teen Aerial Variety Beg 2 | 3:45-4:45pm Aerial Variety Preparation, (Ages 4.5-7) | | 3:45-4:45pm Junior Aerial Variety All levels | | | 1:15-3:15pm Teacher Training / Mentor Program | | |
| 4pm | | | 4-5pm Ballet Introduction (5-7 years) | | | | | | |
| 4:15pm | | | | | | | | | |
| 4:30pm | | | | | | | | | |
| 4:45pm | 4:45-5:45pm Tween/ Teen Aerial Variety Intro/ Beg 1 | | | 4:45-5:45pm Teen Aerial Variety Intro/ Beg 1 | | | | | |
| 5pm | | | 5-6pm Ballet Beginner (8-10 years) | | | | | | |
| 5:15pm | | | | | | | | | |
| 5:30pm | | | | | | | | | |
| 5:45pm | 5:45-6:30pm Tween/Teen Strength/ Stretch /Technique All levels | 6-7pm ADULT Stretch Class (All levels) | | | | | | | |
| 6pm | | | 6:30-7:30pm Samba De Gafieira Beginner | | | | | | |
| 6:15pm | | | | | | | | | |
| 6:30pm | | | | | | | | | |
| 6:45pm | 6:30-7:30pm Aerial Variety Intermediate | | | | | | | | |
| 7pm | | | 7:30-8:30pm Brazilian Zouk Beginner | | | | | | |
| 7:15pm | | | | | | | | | |
| 7:30pm | | 7:30-8:30pm Lyra/ Aerial Hoop Routine Inter 2 / Ad | | | | | | | |
| 7:45pm | | | | | | | | | |
| 8pm | | | 8:30-9:30pm Brazilian Zouk Intermediate | | | | | | |
| | | | | | | | | | |

ABSOLUTE AERIALS + ABSOLUTE LATINA DANCE Timetable Key

ORANGE = Aerial Variety Preparation for Juniors (ages 4.5-7years)

BLUE = Junior Classes (ages 6-8)

PURPLE = Tween Classes (Ages 9-12)

LIME = Teen classes (ages 13-17)

BRIGHT YELLOW = Boys only! (ages 9-17)

HOT PINK = Adult classes

LIGHT PINK = Adult Routine Classes – speak to your coach about pre-requisites

AQUA = 30min Express Classes

RED = specialty Courses (please contact us for dates and pricing)



Contact ABSOLUTE AERIALS FOR FURTHER INFO AND TO BOOK
admin@absoluteaerials.com.au

LIGHT YELLOW = Dance Classes

GREEN = Latin Dance Classes (ages 15+) – Same Choreo Taught Mon + Tues



LIGHT YELLOW + GREEN Classes = Contact ABSOLUTE LATINA DANCE
FOR FURTHER INFO AND TO BOOK
absolutelatinadance@outlook.com

- Please park on the street and walk your child to and from class!
- Please do NOT park in our car park complex

END YEAR SHOW NOV 15, 16 & 17